



# Physical Education

## Netball Year 4

### Unit Purpose

The unit of work will develop pupils' ability to **apply** the principles of **attack vs defence**, with a particular focus on creating simple **attacking tactics** in order to move the ball up the court, **creating** an attack that results in a shooting opportunity.

### Inspire Me

**Geva Kate** Mentor, CBE is an English International netball player. Mentor was selected for the England national team in 2000, debuting the following year against New Zealand, at age 16.



### Key Success Criteria

- P** Pupils will be able to apply a secure understanding of passing, moving and shooting in order to score points against another team.
- C** Pupils will demonstrate a growing understanding of the difference between attack and defence by making effective decisions and creating simple tactics.
- S** Pupils will develop life skills such as trust and cooperation as they collaborate with others and apply the rules of the game.
- W** Pupils will continue to develop and apply life skills such as resilience and self motivation as they strive to improve their own performance and understanding.

### Vocabulary for Learning

**Attacker:** We are considered an 'attacker' when we are in possession of the ball or in control of the ball. A player whose task is to attack the opposition in an attempt to score. Space for one more line!

**Defender:** We are considered a 'defender' when we are not in possession of the ball or when the ball is not in our control. A player whose task it is to prevent the opposition scoring and to regain possession.

**Possession:** Is when we have physical control of the ball or other implement of play. This could be when working individually or as part of a team. It is when we have 'possession' that we can create the opportunity to score.



### Sport Specific Vocabulary

**Chest Pass:** Is thrown by gripping the ball on the sides with the thumbs directly behind the ball. When using a chest pass, the passer should strive to throw the ball to the receiver's chest level.

**Footwork:** A player can receive the ball with both feet grounded or jump to catch the ball and land on two feet simultaneously. The landing foot cannot be moved, other than to pivot on the spot, whilst the other foot can be moved in any direction.





# Physical Education

## Problem Solving Year 4

### Unit Purpose

The unit of work will develop pupil's ability to apply effective **teamwork** through different problem-solving **challenges**. Throughout the unit, there will be a focus on pupils' ability to **apply** skills essential to working within a team as well as create effective **tactics**.

### Inspire Me

**Tom Brady** is the most successful American football quarterback of all time. Brady holds the record for the most yards passed. This means Brady has been able to communicate his tactics and where he is going to throw the ball to his team.



### Key Success Criteria

- P** Pupils will work within teams to find effective strategies and tactics in order to complete the different problem solving challenges successfully.
- C** Pupils will apply an ability to evaluate and improve strategies to solve the problems.
- S** Pupils will develop life skills such as trust and collaboration as they work effectively with their team mates to complete the challenges.
- W** Pupils will demonstrate leadership attributes as they take responsibility for their team members.

### Vocabulary for Learning

**Communication:** Is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

**Teamwork:** Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.

**Strategy:** is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.



### Sport Specific Vocabulary

**Non-verbal communication:** is a method of sending messages or signals without speaking. This includes actions such as making eye contact, using hand gestures or changing a body language or posture to communicate.

**Verbal communication** is a method of communicating using our voice. When communicating verbally it is important that our message is clear and precise so that our team members can understand.

