



# Physical Education

## Dance: The Circus

### Unit Purpose

The unit of work will challenge pupils to bring together the different characters and performers that would have formed a 19th Century (1850) circus. Pupils will be able to distinguish between the different performers through **clear movements** and **expression**. Pupils will be able to perform their circus routine as part of a group.

### Inspire Me

**Did you know...** the circus was first established by Philip Astley in 1768. Astley would perform tricks on top of horses in a circular ring, which he would refer to as a 'circus'.



### Key Success Criteria

- P** Pupils will perform accurately and convincingly in character with big bold actions. Pupils can perform with flow and include a change of level and dynamic.
- C** Pupils will consolidate their ability to evaluate their own and others' performances. Pupils will apply effective decision making as they construct their sequences.
- S** Pupils can consistently apply life skills such as cooperation and encouragement as they work successfully with others to execute their sequences and group performance.
- W** Pupils will demonstrate life skills such as resilience and responsibility as they support others to improve and accept feedback on their own performances.

### Vocabulary for Learning

**Excellent Dancers:** Excellent dancers interpret the music, perform with good timing and musicality, show expression and creativity and are able to choreograph.

**Expression:** refers to the actions a dancer uses to make their characters thoughts or feelings known.

**Creativity:** refers to pupils using their imagination or original ideas when performing their dance actions.

**Emotion:** refers to the feelings a dancer's character is feeling depending on their circumstances, mood, or relationships with others.

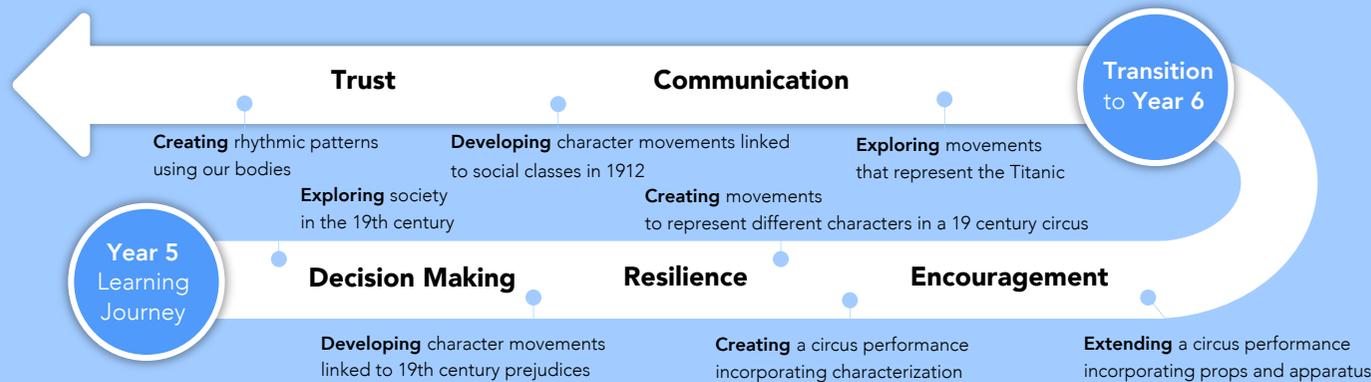


### Sport Specific Vocabulary

**Motif:** is a series of movements that are repeated.

**Character:** Character refers to the person, animal or fictional character that the pupil is portraying in their performance.

**Unison:** Unison is where pupils perform the same movement at exactly the same time as each other.





# Physical Education

## Problem Solving Year 5

### Unit Purpose

The unit of work will refine pupil's ability to apply effective **teamwork** through different problem-solving **challenges**. Throughout the unit, there will be a focus on pupils' ability to **apply** skills essential to working within a team as well as create, **evaluate** and adapt **tactics**.

### Inspire Me

**Bodyline** was a tactic used by the English cricket team against Australia in 1932. This meant bowling the ball into the body of the batsman with the hope that the ball would be caught by a fielder standing close by.



### Key Success Criteria

- P** Pupils will be able to pass, move and shoot accurately and consistently. They will be able to switch fluidly between attack and defence as possession changes.
- C** Pupils will be able to think tactically and suggest good ideas for completing the challenges.
- S** Pupils will develop communication skills as they officiate in game based scenarios. Pupils will also start to lead their team and manage their games.
- W** Pupils will apply effective leadership skills as they control their own emotions and take responsibility for their team members.

### Vocabulary for Learning

**Communication:** Is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

**Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

**Teamwork:** Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.

**Strategy:** is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.



### Sport Specific Vocabulary

**Adapt:** is the ability to change or modify something depending on the situation. An individual or team may need to adapt their tactics to help them achieve their goal.

**Listening:** Listening is the ability to accurately receive and interpret messages from our team in the communication process.

**Support:** means to help and encourage other members of your team.

